







Alberta's Chief Medical Officer, Dr. James Talbot, announced Wednesday that Alberta had scored the very last shipment of influenza vaccines in the world. Despite the coup, the province is expected to run out of vaccines by the end of the week. For more coverage on the flu, see page 3. LEAH GERMAIN/METRO

### Alberta living off last batch of flu vaccines

Feeling sick? Stay home. Edmonton flu-care clinic opening Friday to ease traffic

### LEAH **GERMAIN**

Alberta received the last available batch of flu vaccinations on the planet, said Chief Medical Officer Dr. James Talbot Wednesday.

"Vaccine supplies are limited," Talbot said to media at a flu update press conference in Edmonton Wednesday.

After receiving an additional 65,000 on Jan. 7, the province is expecting the supply to be depleted by Friday.

"We can predict that they will be mostly out by the end of this week," Talbot said.

To date, almost one million Albertans — about one in four - have been vaccinated against influenza at a cost of \$7.8 million to the province.

"This is a normal flu season for Alberta," Talbot noted. "Every flu season, health systems are stressed, hospitalization increases, ICU beds go into short supply and, unfortunately, some Albertans die."

In Edmonton, a special flucare clinic will be opened Friday to help reduce flu-related pressure on different healthcare facilities. The clinic will be open at the former Woodcroft

As of Tuesday Edmonton has had 538

Public Health Centre (13221-115 Avenue).

According to Alberta Health, Edmonton has had 538 confirmed influenza cases as of Tuesday, with 475 of them being H1N1. To date, there have been two local deaths.

As the provincial supply of the vaccine dwindles, Talbot said the province will be looking to the next phase of flu prevention, which includes Albertans washing their hands and staying home when feeling ill.

These are the kinds of things you can do to slow down transmission, prevent transmission and make sure there isn't any stress on the health-care system," he said.

Health Minister Fred Horne said while there are still injections available, Alberta Health Services will be operating immunization clinics throughout the province.





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### Pharmacies.

### Flu vaccine supply almost gone

Local pharmacy concerns were affirmed Wednesday after the province announced that all additional flu vaccinations would be delivered to special clinics operated by Alberta Health Services.

"Pharmacies and physician offices will continue to distribute the supply that they have left," said Health Minister Fred Horne. "We are working to get a handle on exactly how much that might be."
While one-third of all vac-

cinations since October have been given at pharmacies throughout the province, Alberta's Health Minister said pharmacies will continue to deliver the rest of their flushot supply, but will not be receiving any more orders.

'Because we are approaching the end of our supply on hand in Alberta, we will not be shipping the additional vaccine to pharmacies across the province," Horne added.

But according to a Metro count, only three out of 30 pharmacies called on Wednesday were carrying the vaccine in the city.

One small clinic in northwest Edmonton was accepting walk-in traffic, but only has a few doses left. Two other clinics in the city were accepting appointments for their remaining vaccines.

When asked, nearly all the pharmacists said they were unsure if their store would be receiving more of the vaccine, or when they might be receiving it, while some went as far to say they were told the vaccines were all being diverted to mass vaccination clinics being run by Alberta Health Services.

With few pharmacies holding stock of the vaccines, a phone call to the pharmacy before travelling there might be the best option. LEAH GERMAIN/METRO, WITH FILES FROM DARREN KRAUSE AND



### Bird flu not a risk, say local officials

H5N1. Alberta woman is first bird-flu death in North America

LEAH GERMAIN

An Albertan woman died this week after contracting bird flu while out of the country, but health officials said the public needn't worry about an outbreak.

Though first thought to be a case of H1N1, public health officials discovered the woman was infected with the avian flu Tuesday, just four days after she died.

"Other Albertans are not at risk," Health Minister Fred Horne said in Edmonton Wed-

"The avian flu is not easily transmitted through people and I want to emphasize it's not the same virus that is present in seasonal influenza that Alberta has been providing vaccinations for."

After returning from a trip to Beijing on Dec. 27, the woman was admitted to hospital on Jan. 1 and died an. 3 from inflammation of the brain and brain lining.

"I expect that with the rarity of transmission and the additional precautions taken, there will be no more cases in Alberta," said Dr. James Talbot, Alberta's chief medical

While Alberta Health is unsure how the woman contracted H5N1, there will be heightened awareness for anyone who presents certain symptoms and has travelled

"In the middle of an H1N1 season, it would have been easy to write this off as an unfortunate consequence of the H1N1 (virus)," Talbot added.

The federal government is working to contact all passengers on the flight the woman was travelling on from Beijing to Vancouver (Air Canada 030) and the Vancouver to Edmonton flight (Air Canada 244). WITH FILES FROM THE CANADIAN PRESS

- Health authorities say there are no signs of illness among the patient's contacts or the health-care workers who cared for her in Edmonton.
- The H5N1 virus doesn't spread person to person now. But science can't tell if it will evolve and acquire the capacity to spread human to human. So flu experts and the World Health Organization watch this virus closely.



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### Hinton

### Alta. police rescue girl, arrest man following child porn investigation

Police in Alberta say they have charged a man and rescued a four-year-old girl following a child

pornography investigation.

The Alberta Law Enforcement Response Team's Internet Child Exploitation unit says the case involves a girl from Hinton and a 52-year-old man who was arrested last month at a work camp.

Kenneth McKinley faces sexual assault, sexual interference and child pornography

He was to appear Wednesday in Hinton provincial

The team that worked on the investigation is made up of RCMP, Edmonton police and other law enforcement officials. RCMP Sgt. Mike Lokken says police began investigating after receiving a tip from the RCMP National Child Exploitation Centre in

Ottawa about images that suggested that the girl was being abused. He said the suspect is not related to the girl and she is safe with her family.

"We have been able to identify a young victim of child exploitation and hold the person who was allegedly doing it accountable so this doesn't happen to her again," he said. THE CANADIAN PRESS

### Warrant issued

### Man turns himself in after alleged bank robbery

An Edmonton man has turned himself into police after a warrant was issued for his arrest in connection with a downtown

bank robbery. On Jan. 6, David Walter Krygowski, 51, turned himself into EPS headquarters.

According to police, Krygowski allegedly walked into a downtown bank with a package, claiming it was a bomb, and demanded money.

### Minister wants changes to reporting of foster care deaths

**Human services.** Plans include roundtable discussion of experts Jan. 28-29 to improve investigations

Alberta's Human Services minister says he's committed to changing laws so more information can be released on the deaths of children in foster

Manmeet Bhullar said Wednesday he also wants changes to allow parents to be able to speak out when one of their children dies while a ward of the province.

"This is something that needs change," Bhullar told reporters as he unveiled plans to improve the system. "I'm not a fan of the way the law sits

Those plans include a roundtable discussion of experts on Jan. 28 and 29 to look at improving the way foster deaths are investigated and reported.

The government revealed Wednesday that another four

"Every single child. in care or not in care. deserves to be honoured and respected. The way to honour and respect them is to make sure that their story is learned from and told..."

Manmeet Bhullar

children died in the latter half of last year and another child died over the weekend, bringing the total number to 150.

"Every single child, in care or not in care, deserves to be honoured and respected. The way to honour and respect them is to make sure that their story is learned from and told and we make progress and change based on that," he said.

The government also released data Wednesday on the deaths of 592 other children who had received government aid since 1999, but were not wards of the province when

Of those, 341 died after government care had ended or died as adults while receiving government aid; 101 died while an investigation was either being launched or was underway into suspicious illnesses or injuries; and 84 died in their parents' care while the family was receiving government aid and support for problems such as addiction.

The total number of children cared for by the province during that period was 275,000.

Wildrose party critic Jeff Wilson renewed his call for a full public inquiry given the new information on the 592

"These new numbers should be a wake-up call for the government to take whatever action is necessary to bring about the change we need to see," Wilson said in a news release.

"(But) I'm pleased that this information has come forward, and the announcement of additional efforts to help remedy the many problems the system faces is a step in the right direc-

Bhullar rejected a public inquiry. The canadian press



### Theatre group shining spotlight on sexism, violence



A local theatre group is calling on Edmontonians to share their experiences as they work to break down preconceived notions of sexism and violence in different cultures.

"For (our latest) project, we are collectively creating a show that looks at genderbased violence in culturally diverse communities," explained Undercurrent Theatre co-creator and performance producer Nikki Sĥaffeeullah.

With plans to host a workshop later this month for Edmontonians to share their opinions and experiences

"I was interested in pursuing these themes because there are not a lot of spaces for people who self-identify as a female and cultural minority ... to talk about issues." Nikki Shaffeeullah, Undercurrent Theatre co-creator

with gender-based violence, Shaffeeullah said Undercurrent is hoping to create a production that informs on issues like sexism without being racist.

"We know misogyny, sexism and violence resonate in different ways," said

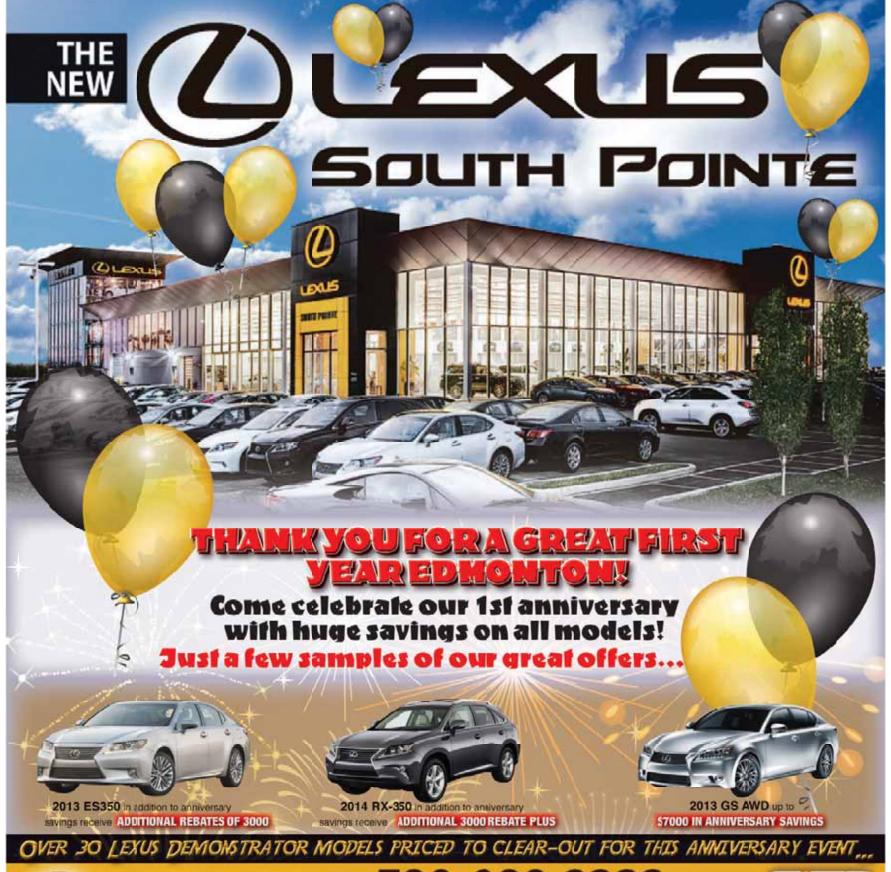
Shaffeeullah, who is a firstgeneration Canadian. "I was interested in pursuing these themes because there are not a lot of spaces for people who self-identify as a female and cultural minority ... to talk about issues.'

Saima Butt, an Undercur-

rent contributor, said the workshop aims to break down barriers and provide an opportunity for participants to speak openly about their experience.

"For me, I find I struggle a lot to have conversations around gender-based violence that isn't cultural (generalizing)," Butt said. "We want this to be more of a community experience."

For more information on Undercurrent and the workshop planned for Jan. 18, visit undercurrenttheatre.com. LEAH GERMAIN/METRO





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### Education. New minister aims to cool campus conversations

Alberta's head of higher education has picked up a proverbial hot potato in his new portfolio — but Dave Hancock aims for "informed, polite" talk over campus affairs.

In a recent cabinet shuffle, Hancock was named Premier Alison Redford's fourth Advanced Education minister since she was elected leader 27 months ago.

The veteran politico takes the helm from Thomas Lukaszuk, who was often the centre of social media scorn after a nearly 10 per cent swing in once-promised provincial funding in the March 2013 budget.

Asked about outspoken critics of his predecessor, chiefly some faculty members and student leaders,

Hancock contended there's nothing wrong with "good disagreements."

"You're not always going to agree on everything, but having those rich discussions in an informed, polite way really enhances the decision-making process," he said

To that end, Hancock said he plans to continue quarterly meetings with students, along with visiting faculty, staff and administrators on campus.

Mount Royal University professor Bruce Foster was often at the opposing end of Twitter wars with Lukaszuk, and he suggested Hancock move away from the 'dismissive and churlish' attitude of the former sector head. BRYAN WEISMILLER/METRO

### Warning

### Lock up before going on vacation, police say

Edmonton police are warning homeowners to secure their homes while away after two break and enters in southeast Edmonton last week.

On Dec. 28, a neighbour called police after seeing the front door ajar and windows smashed at a Summerside home. Numerous pieces of high-end property were stolen. On Jan. 4, neighbours in the Walker community called police after they observed broken glass and an unlocked front door at the residence. Electronics were reportedly stolen. METRO

### A new year

### Year of the Horse celebrated at the Muttart

The Muttart Conservatory is celebrating the Year of the Horse with a life-sized terracotta horse and warrior in the Lunar New Year feature pyramid on Saturday.

The opening celebration will include music from the Alberta Chinese Orchestra, dancing, crafts and a brilliant fireworks display behind the Muttart Conservatory. More information on the event can be found at edmonton.ca by searching "feature pyramid schedule."

METRO



# Beating winter blues with solar lamps

### A ray of sunshine.

Mental-health teacher starts solar light therapy project



STEPHANIE DUBOIS stephanie.dubois@metronews.ca

Edmontonians suffering from the winter blues can soon get an energy boost at Stanley A. Milner Library.

Robin Mazumder, an occupational therapist and instructor at MacEwan University, deals with people on a regular basis who suffer from a lack of sunlight exposure in the city, so he spearheaded "LightBright-YEG," a pilot project which will see three solar lamps installed at the downtown public library.

"(The lamps) have shown to really help with seasonal low mood," he said, adding the library is a great place for the lamps to be used. "My idea is (the library) is a place people can access things that they don't need to pay for and they're very community oriented."

Seasonal affective disorder is described as when

### In numbers

3

Three solar lamps will be installed in reading areas at the downtown library.

people suffer from depression on a seasonal basis, according to the Canadian Mental Health Association's website. Light therapy has been known to help.

Although the lâmps' exact location inside the library and when they will be installed has yet to be decided, library staff said patrons

should expect to get some sunshine soon.

"I think improving people's mental health in general is a good thing," said Richard Thornley, manager of the Stanley A. Milner Library.

Working in the mentalhealth industry, Mazumder sees a lot of people who could use the sunshine boost in Edmonton.

"With light therapy lamps, half an hour of reading and not looking down directly at the light has been said to be helpful during the winter months," said the occupational therapist.

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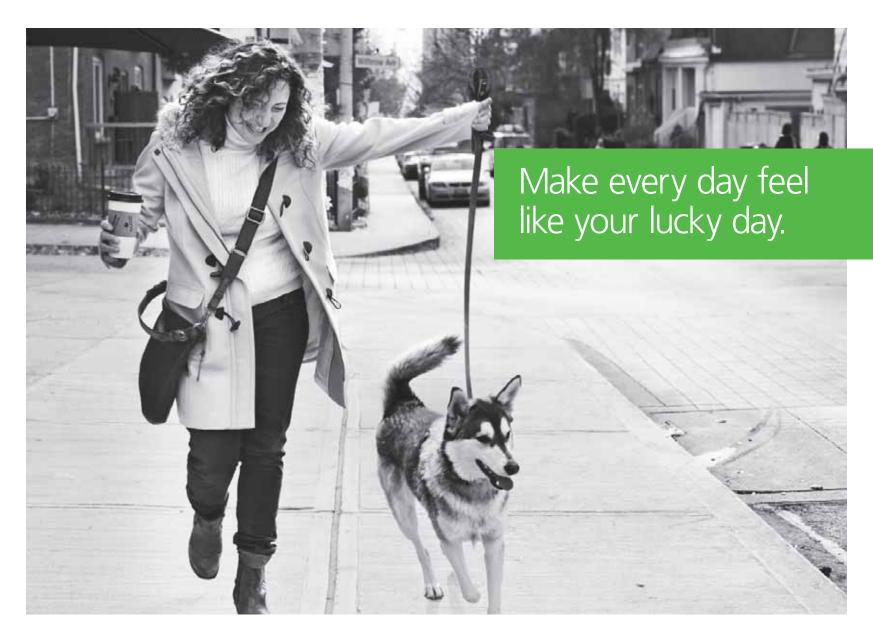








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### Solar flare. Sun delays space station supply run

A strong solar storm is interfering with the latest supply run to the International Space Station.

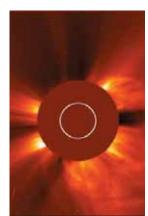
On the bright side, the orbiting lab has won a fouryear extension, pushing its projected end-of-lifetime to at least 2024, a full decade from now.

"This is a big plus for us," said NASA's human exploration chief, Bill Gerstenmaier.

On Wednesday, Orbital Sciences Corp. delayed its space station delivery mission for the third time.

The company's unmanned rocket, the Antares, was set to blast off from Wallops Island, Va., with a capsule full of supplies and science experiments, including ants for an educational project. But several hours before Wednesday afternoon's planned flight, company officials took the unusual step of postponing the launch for fear solar radiation could doom the rocket.

Orbital Sciences' chief



In this Tuesday image, a giant cloud of solar particles explodes off the sun, which is obscured to show the atmosphere around it.

ESA/NASA-SOHO/THE ASSOCIATED PRESS

technical officer, Antonio Elias, said solar particles might interfere with electronics equipment in the rocket and lead to a launch failure.

### Taking the plunge

### Giffords skydives to commemorate third anniversary of shooting

Gabrielle Giffords, the former congresswoman severely injured three years ago in a mass shooting, has made an impressive recovery, learned to walk again and founded a national political organization. On Wednesday, while others gathered for bell-ringing and flagraising ceremonies, she marked the anniversary by skydiving.

THE ASSOCIATED PRESS

### Insane Clown Posse

### Rap-metal duo sues U.S. Justice Department

The Insane Clown Posse sued the U.S. Justice Department on Wednesday over a 2011 FBI report that describes the rapmetal duo's devoted fans, the Juggalos, as a dangerous gang, saying the designation has tarnished reputations and hurt business.

The American Civil Liberties Union filed the lawsuit in Detroit federal court on behalf of the group. THE ASSOCIATED PRESS

# North Korean leader serenaded by Rodman

### **Basketball diplomacy.** Former NBA player

Former NBA player hopes to build connections with North Korea through the sport

Dennis Rodman sang Happy Birthday to North Korean leader Kim Jong-un before leading a squad of former NBA stars in a friendly game Wednesday as part of his "basketball diplomacy" that has been criticized in the United States as naive and laughable.

Rodman dedicated the game to his "best friend" Kim, who along with his wife and other senior officials and their wives, watched from a special seating area. The capacity crowd of about 14,000 at the Pyongyang Indoor Stadium clapped loudly as Rodman sang a verse from the birthday song.

song.

Rodman said he was honoured to be able to play the game in the North Korean capital and called the event "historic." Some members of the U.S. Congress, the NBA and human rights groups, however, say he has become a public relations tool for North Korea's government.

The government's poor human rights record and its threats to use nuclear weapons against rival South Korea and the United States have kept it a pariah state. Kim shocked the world in December by having his uncle, once considered his mentor, executed after being accused of a litany of crimes including corruption,



Dennis Rodman sings Happy Birthday to North Korean leader Kim Jong-un, seated above in the stands, before an exhibition basketball game at an indoor stadium in Pyongyang, North Korea, on Wednesday.

KIM KWANG HYON/THE ASSOCIATED PRESS

womanizing, drug abuse and attempting to seize power.

Rodman, 52, has refused to address those concerns while continuing to forge a relationship with Kim, whose age has never been officially disclosed. The government did not say how old he turned Wednesday but he is believed to be in his early 30s.

To keep it friendly, the Americans played against the North Koreans in the first half, but split up and merged teams for the second half.

THE ASSOCIATED PRESS

### Held prisoner

### Rodman refuses to help

The sister of a U.S. man imprisoned in North Korea says his family can't believe what Dennis Rodman said about him while on a basketball trip to celebrate the birthday of leader Kim Jong-un. Terri Chung told KOMO Radio in Seattle on

Wednesday the family was appalled that someone in a position to help 45-year-old Kenneth Bae refuses to do so. Chung says Rodman may be hurting efforts to free her brother. Chung says it's clear Rodman "has no idea what he's talking about." In a CNN interview Tuesday, Rodman implied Bae may deserve his punishment.





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metr⊕ metronews.ca Thursday, January 9, 2014

### U.K. survey shows many men have fallen asleep at the wheel

Driving tired carries similar risks to driving drunk, but, according to a new British survey, sleeping at the wheel is common, with men being by far the worst offenders.

In the survey of 1,000 drivers, British road safety charity Brake found that 45 per cent of men admitted to "microsleeps" of up to 30 seconds while driving. The figure for women was 22 per cent. A further 14 per cent of male drivers have slept for longer periods behind the wheel, while just two per cent of women had done the same.

An estimated one-in-six fatal road crashes result from tiredness. These typically involve vehicles veering off the road or a driver failing to brake.

"Men are much more likely to take risks at the wheel, such as setting off on journeys without enough sleep, or trying to push through if they feel drowsy," Ellen Booth, senior campaigns officer at Brake, told Metro. "We see this trend across the board when it comes to road safety."

Booth believes "cultural

and biological" factors explain why men take more risks. More than 90 per cent of those convicted for dangerous driving in Britain are male, while a recent U.S. study found that men caused 80 per cent of crashes. Researchers are concerned that tiredness is adding to the trend. KIERON MONKS/ METRO WORLD NEWS IN LONDON



### **Answers** N.B. train

'We don't have a lot of information.' About 150 evacuated as fire. smoke billow from wreckage and officials assess damage

Investigators were interested in the brake system and a broken axle on a CN freight train carrying crude oil that derailed in northwestern New Brunswick on Tuesday, as the railway company said Wednesday a fire that's been burning since it left the tracks was under control.

CN president Claude Mongeau described the fire as a controlled burn that is normal after a involving derailment cars carrying petroleum products.

He said 17 of the train's cars derailed near

Wapske and five of them were carrying crude oil from Western Canada that was destined for an Irving Oil refinery in Saint John, N.B. Four other cars were carrying liquefied petroleum gas.

"We don't have a lot of information; we are assessing as we speak," he told a news conference in nearby Plaster Rock.

"The fire is our first priority at the moment. We have the equipment, we have the people and we have all the procedures in place to deal with it in a safe manner."

Late Wednesday, the company said two of the cars carrying liquefied petroleum gas and one car carrying crude oil were on fire. New Brunswick's Emergency Measures Organization said there have been no injuries and the number of people affected by an evacuation has climbed from about 60 to 150 people.





### sought in derailment

"Goods move every day, whether that be by roads or by rail, pipelines or by air. There are always risks."

New Brunswick Premier David Alward

The regularly scheduled freight train ran into trouble about 150 kilometres northwest of Fredericton at about 7 p.m. Tuesday.

CN spokesman Jim Feeny said the only people on board the train — the conductor and engineer - have provided statements, but he wouldn't reveal what that they said. He added that no one was injured.

The federal Transportation Safety Board has sent investigators to the scene and based on preliminary information from the company and the RCMP, it said the train's brakes came on unexpectedly.

"The preliminary details that we received indicate that while the train was proceeding it had experienced an undesired brake application," Daniel Holbrook, manager of head office and western regional operations for the safety board, said from Gatineau, Que. "The train then came to a stop."

He said the crew went to inspect the train and found that the 13th car behind the locomotives had derailed and noticed the axle had failed, but investigators don't know what role that might have played in the derailment. Holbrook said investigators don't yet know the sequence of events and what car derailed first, which they will be looking at. THE CANADIAN PRESS

### Florida

### Police: DNA shows 2 women involved in slaving of Canadian couple

Police in Florida believe two women were involved in the killings of a Canadian couple one year ago.

David Pichosky, 71, and Rochelle Wise, 66, of Toronto were found dead by asphyxiation on Jan.

10, 2013, in their winter home. The DNA profiles of two females were found at the scene, said police Chief Dwayne Flournoy.

"The science tells us that there are two females that are involved in this homicide, at least two, he said Wednesday. "It's only a matter of time before we get our match, and we will get our match."

THE CANADIAN PRESS

### Changes implemented

### 'Mistake' that let protesters get close to PM has been fixed: RCMP

The RCMP says it has identified and fixed the "mistake" that allowed two climate-change protesters to walk onto a stage within touching distance of Prime Minister Stephen Harper.

However, the force isn't saying just what the mistake was or what specifically was done to prevent it from happening again.

RCMP Cpl. Lucy Shorey says in a statement that the force continues to review the incident, and it has implemented changes to ensure it doesn't happen again.

THE CANADIAN PRESS

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### Ontario

### Senior found after snowstorm

A 70-year-old Leamington, Ont., man who disappeared during a snowstorm on Monday has been found alive.

John Friesen and his pickup truck were found Tuesday after he spent a night and much of the next day buried in a snowdrift in frigid temperatures.

Police say he was conscious but suffering from extreme cold.

CKLW/THE CANADIAN PRESS

### Pennsylvania

### Pills on order from pizza shop

A pizza shop in Ligonier, Penn., has been delivering medicine and other supplies to ill and elderly residents so they don't have to go outside in the cold.

Tom Wynkoop, owner of Fox's Pizza Den, tells WPXI-TV he tweeted his offer because his community has a lot of elderly residents.

THE ASSOCIATED PRESS

### Kosovo. Severe winter drought leaves drinking water in short supply



In 2013, winter brought heavy rains and flooding to Kosovo. The year before that, it was blizzards and snow drifts. Now it's a drought.

An official said Wednesday that some 400,000 people in and around Pristina, the capital, could face reduced supplies of drinking water, given a dramatic fall in the levels of the two artificial basins they get it from

Arieta Mjeku, a spokeswoman for the regional water supply company, said strict reductions must be imposed if the winter drought continues. Mjeku said some areas are already on limited water supply.

Mid-January could bring much-needed snow, but the receding waters in the two lakes have exposed large sections of cracked, dry earth.

THE ASSOCIATED PRESS

### Blind man files complaint against cab company

**Rights.** Saskatoon's Comfort Cabs accused of poor accommodation for service dog

After two unsuccessful mediation attempts, the Saskatchewan Human Rights Commission is investigating Mike Simmonds' complaint against Comfort Cabs in Saskatoon.

Simmonds charges that on three separate occasions this past fall, the taxi service was unaccommodating of his need to have a guide dog named Graham with him at all times.

"I've had apologies, (but) an apology doesn't correct the problem," said Simmonds. "What I've been asking for from the beginning is education and awareness."

This all began around September, when Simmonds said he called a cab and was told he would have to wait for a petfriendly vehicle.

He reported this incident the following morning and said he was assured "that all of their taxis are guide dog and service dog friendly."

However, in November he again called for a ride to the airport and said he was met with hostility from the driver, who



Mike Simmonds with his guide dog, Graham. Simmonds has filed a human rights complaint against Comfort Cabs for not being forthcoming in their accommodation of his service animal in their vehicles.

suggested Simmonds ask for a larger car.

IACOB MORGAN/METRO IN SASKATOON

While the driver accepted the fare, Simmonds said he could sense the tension, which he said he learned was due to "religious reasons."

Just a few days later, Simmonds said he was made to wait with Graham in the freezing cold one last time before he took the matter to the Human Rights Commission.

Cliff Kowbel, operations manager with Comfort Cabs,

said he could not find any evidence of mistreatment.

"Nobody refused him," said Kowbel.

At one point, Kowbel said that a gift certificate to any taxi service in the city was offered to Simmonds, but the olive branch was denied.

"I don't think we're going to offer him anything in the future," said Kowbel. "We're going to dig our heels in now and see what happens."

JACOB MORGAN/METRO IN SASKATOON

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### Court. Groups accuse feds of breaking law, failing to protect at-risk animals

The federal government has violated Canadian law by failing to protect endangered species, a coalition of environmental groups told a Federal Court judge on Wednesday.

The groups say the environment and fisheries ministers have "unlawfully" delayed final recovery strategies for four critically endangered species well past mandatory deadlines set out in the federal Species At Risk Act.

The coalition wants the judge to declare the delays "unlawful" and order those recovery plans

The court action filed by Ecojustice on behalf of the Wilderness Committee, Sierra Club, David Suzuki Foundation, Greenpeace and Wildsight, cites the Pacific humpback

Quoted

"We're not (talking) about a minor or technical breach of the statute. We're not here a week or two after the deadlines have passed. We're here four or six years ... after the mandatory deadlines."

Sean Nixon, lawyer for Ecojustice

whale, the Nechako white sturgeon, the marbled murrelet and the southern mountain caribou.

At the time the lawsuit was filed in late 2012, the final recovery strategies for these four

species were four to six years overdue.

Last fall, Fisheries Minister Gail Shea published a final recovery strategy for the Pacific humpback whale.

In December, the ministry published a draft recovery strategy for the Nechako white sturgeon and the draft plan for the murrelet was published on Tuesday, the eve of the hearing.

A lawyer for the federal government said Wednesday the environment minister commits to publishing a draft strategy for southern mountain caribou by Ian 17

In written submissions, government lawyers argued that with the publication of the final and draft recovery plans there is no remaining dispute.

THE CANADIAN PRESS

### **WE ESSENTIAL TO LEARNING**



metronews.ca Thursday, January 9, 2014 **BUSINESS** 



### **Facebook losing Canadian fans**

### Thumbs down.

We are not all liking the social media network these days, survey finds

Facebook may be the world's biggest social network, and particularly popular in Canada, but there are still plenty of Canadian holdouts who refuse to join or have logged off permanently, suggests recently released research.

One in three Canadian Internet users told pollsters that they did not use Facebook in the previous month, according to a report by the Media Technology Monitor, based on telephone surveys with more than 4,000 Can-

adians last spring. Of them, 14 per cent said Of them, 14 per cent said they used to have a Face-book account but quit, 16 per cent said they're tech-nically still a member but rarely use the site and 70 per cent said they never joined at all.

Younger non-Facebook users were more likely to have abandoned their pro-

When poll respondents Facebook, the most comdidn't find the site useful, followed by privacy con-cerns and a lack of time to engage with the site.

Poll respondents between 18 and 24 who said they weren't using Face-book were 10 times more likely to have dropped their account, rather than having never signed up in the first

And non-Facebook users between 25 to 33 were three times as likely to have started and stopped with the social network, rather than having never tried it.

As some younger users are signing off, older members appear to be picking up the slack, according to the report.

While estimated growth among 18- to 34-year-old users was just four per cent from the fall of 2010 to the spring of 2013 — based on surveys by MTM — it was 26 per cent among users 50 to 65 and 38 per cent among those over 65.

The results of the MTM poll are considered accurate within 1.5 percentage points 19 times out of 20.

Another recently re-leased report indicates the Facebook market in Canada has matured to the point that growth is now slowing

According to estimates by the U.S.-based research firm eMarketer, Facebook is on pace to add another 500,000 users in Canada this year, pushing the mem-bership base here past 17 million.

would represent That an overall user increase of about 2.9 per cent over last year, down from the annual increase of nearly five per cent in 2012.

THE CANADIAN PRESS





### Read your own mind

International Consumer Electronics Show attendees experiment with the Muse brain-sensing headband Wednesday in Las Vegas. The headband measures brain activity, which the user can see on a mobile device to help manage stress and different emotional states of mind. IULIE IACOBSON/THE ASSOCIATED PRESS

### Escaping this winter?

### Use Google to see that hotel room before booking

Google is expanding its hotel business, offering several new ways for travellers to learn about accommoda-

The most noticeable change will be the introduction of a series of high-resolution panoramic photos that are stitched together to create a 360-degree experience. THE ASSOCIATED PRESS

### Market Minute









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**VOICES** 

### OWN THE IRRATIONAL REACTION

It's almost time for the Olympics, which for many people is the only time they care about sports aside from hilarious ball-to-

the-groin videos on YouTube. That means some of you might have felt adrift this week as Canada announced its Olympic hockey team, an event that left hockey fans buzzing like my 20-year-old

Everyone likes to cheer for their country, but if you're not obsessed with hockey the rest of the time, than joining the heated conversations at home and the work-

place can be tricky. To help, I've compiled this primer for newbie Olympic hockey watchers about what they should say during the tournament to blend right in:

What to say during Olympic hockey: The No. 1 rule to remember is that there can be no

John Mazerolle

rational analysis of a world hockey tourna-

Canadian hockey history is rife with late, one-goal victories that somehow taught us that Canada is an unstoppable, dominant force in world hockey. It's also replete with shootout losses and other hard-fought defeats that taught us our national hockey program is a disaster that must be burned to the ground.

There is no middle ground, even if the outcome of the game came down to random chance.

Remember this when the games start. You might feel nervous about complicated discussions about matchups, statistics, etc., but those are just a smokescreen of facts that hide the three irrational pillars of hockey discussion: momentum, heart and clutch.

These might sound like intangible nonsense that would be impossible to measure or even ascertain, but

shut up.

Wrong: "These are two evenly matched teams and there is no discernible momentum.

**Right:** Whichever team has most recently scored "has all the momentum.'

Wrong: "It's overtime, so it's going to come down to random chance as two teams give it their all."

Right: "It's overtime, so it's going to come down to which team has the most heart."

Wrong: "I bet Sidney Crosby wins it because the highest scoring player is the player most likely to score now too."

Right: "I bet Sidney Crosby wins it because he's so

And that's how to speak like a true hockey fan. One last lesson: If you come across a newspaper columnist or other unpatriotic liberal who questions any of these truisms, your surefire response is to say, "Clearly you've never played the game," and then walk away. With that sort of momentum, you could be a TV hockey commentator in no time.

Assuming, of course, that you're clutch.

### **ZOOM**

### **Dark clouds hanging overhead**



**Volcano** erupts in Indonesia, again

Mount Sinabung spews pyroclastic smoke, seen from Sibintun village on Wednesday in Karo District, North Sumatra, Indonesia.

The number of displaced

people has increased to 22,000 in Western Indonesia as Mount Sinabung continues to spew ash and smoke after several eruptions since September, Eleven deaths have now been recorded as a result of the eruptions, with hundreds more falling ill. Officials expect the number of evacuees to rise as volcanic activity remains high.

Sinabung had lain dormant for 400 years before a reawakening eruption in 2010.

Sinabung is one of nearly 130 active volcanoes in Indonesia that straddle key tectonic fault lines known as the Pacific Ring of Fire.

The deadliest eruption in recent years was of Mount Merapi in 2010 near the densely populated city of Yogyakarta, which killed 350 people.



Health, wellness and wearable tech are colliding in full force at this year's Consumer Electronic Show, with a healthy portion of products geared toward the digitally-inclined fitness diehards. Look out Fitbit and FuelBand, there are some new kids on the starting block.



### **Skulpt Aim:**

the health equation. Knowing the effects of your hard work is the other.

Press this phone-size gadget to your freshly pumped muscles to get an instant (and accurate, they say) reading of your body composition.

Again, for those beyond measuring simple kms and cals, Tinke reads heart rate, blood oxygen levels and respiratory rate with just the tap of your thumb (accuracv may be questionable on this one).

LG, Sony, Razer and even Intel have launched fitness tracking bracelets, all taking various metrics of your activities which connect to varying degrees with

Twitter

@metropicks asked: @jimmykimmel dumped snow on L.A. beach goers who bragged about the warm climate. What is a suitable penalty for bragging?

**@yelpcalgary:** Ha. Californians are iust jealous of our awesome

**@ehbsea:** One hour in a walk in

freezer in their beach wear

@adam rizk: A big enough star he could've had a following to Seguoia, Yosemite mountains & left them

@sarahmeaghang: They should have gotten "face-washes"

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### Shhhh ... Silence truly is golden

### The Silence Project.

Theatre company raises the bar without making a sound



JENNIFER LARAWAY ennifer Laraway edmonton@metronews.ca

One advantage to living in a city with a vibrant theatre is having talented people look for ways to keep things fresh. For Punctuate! Theatre company, that means thinking outside the box. Last year, the entire company got together for an old-fashioned brainstorming

"We wanted to create theatre that was accessible, so we started exploring the idea of doing something completely silent," explains Artistic Director Elizabeth Hobbs, which included the decision to strip musical elements in order to avoid eliciting emotion or steering the audience in a certain direction.

Through the power of silence, Punctuate! Theatre is

### Dream world

"The story is about a girl who can't connect with the people around her, so she escapes into a dream world and encounters characters who reflect areas in her real life. Through the characters, she is able to connect and find a confidence in herself so she can live more fully."

Elizabeth Hobbs, artistic director

- Tickets are \$20 regular or \$15 for students/seniors.
- Performances are at 7:30 p.m., with weekend matinees at 2 p.m.
- About 200 hours of preparation has gone into The Silence Project.

attempting to get each audience member to uniquely connect to the play.

The result is The Silence Project. "The story is about a girl who can't connect with the people around her, so she escapes into a dream world and encounters characters who reflect areas in her real life. Through the characters, she is able to connect and find a confidence in herself so she can live more fully," says Hobbs.
The Silence Project is

the company's first attempt at silent theatre. It's also a new discipline for Hobbs, who stars in the play. have never worked in this way before. I hope it can be magical, fun, and whimsical for the audience. That they can take away something that resonates for them and experience a moment of joy, pain or whatever they relate

Creating a silent play that would hold an audience captive has been a challenging and intimidating adventure. As Hobbs explains, "It's terrifying to rely on breath and movement to communicate our story, but we are really excited." The company is confident they createď a story that breaks all language barriers by using a unique approach. "We started without worrying about the story. We brought



in images or ideas that resonated with us. We create them with just our bodies as to get comfortable in this

style. Then, we storyboarded the ideas we liked and developed the main character who would navigate this

world we created."

The Silence Project is on now until Jan. 13 at the TACOS Space (10005 80 Ave.)

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metr⊕ **SCENE** 

"The biggest single reason for divorce in (the U.S.) is marriage," divorce attorney Gerald Nissenbaum says at the outset of the new documentary, Divorce Corp. But the film's narrator, Dr. Drew Pinsky, tells Metro that attitude is "cynicism I'm trying to undo."

"We need sustained, committed, healthy, regulated, happy relationships over long periods of time to raise stable adults," argues Dr. Drew, who described Divorce Corp. as an in-depth profile of the "unbelievably dysfunctional" divorce industry.

Though known to many for his work as an addiction specialist, Dr. Drew says tackling divorce wasn't too far-fetched a career move for him because it furthers his commitment "championing stable and healthy relationships."

And once exposed to the material — like the fact that more money passes through family law court than all other U.S. courts combined — he was taken aback.

"There is this self-serving industry that really has very little interest in the individuals who are getting divorced," he says, adding that the business of splitting up "incurs lying and fighting" and encourages unethical practices, like dragging out cases so that lawyers and judges can profit off them much longer than necessary. According to the film, attorneys, who can charge upward of \$500 per hour, are many times in cahoots with presiding judges, which means fairness often takes a backseat to crony-

"The judges themselves are deeply, in inappropriate ways, involved," Dr. Drew says. mean, if this was a medical



Divorce Corp. GETTY IMAGES

"There is this self-serving industry that really has very little interest in the individuals who are getting divorced."

Dr. Drew Pinsky

system, there'd be people in prison. We're not allowed to do anything like that.'

So how can these people get away with their practices? Divorce courts are courts of equity, not courts of law, so constitutional rights aren't always held up. That means if you can't afford an attorney, you won't get one.

Dr. Drew says that the industry wasn't established with malicious intent, but it's "played out this way and it needs reform." He's hopeful that at the least the film will inspire conversation about what that reform could look like. And it seems some people are catching on: victims of family court and highprofile attorneys like Gloria Allred speak up in the film about shady practices.

MEREDITH ENGEL/MWN

### Divorce Corp. Doc reveals the messy business of breaking up a marriage Meryl on playing a marriage malox colont matrice. malévolent matriarch

**August: Osage County.** Streep says she wasn't up for being the villain at first

**PRIGGE** 

Metro World News in New York

August: Osage County is an ensemble film, with bigname actors crowded into every inch of the screen. But most of the attention has drifted, inevitably, toward its matriarch, not the least because she's played by Meryl Streep.

As Violet Weston, whose dysfunctional family packs into her remote Oklahoma home in the wake of her husband's suicide, she's a pill-popping monster, short-tempered and prone to speak her mind, which is usually crammed with wicked thoughts she mistakes for tough truths. This may sound more fun than it is.

"As an actor, you're supposed to want to go to the house of pain over and over and over again," Streep explains. "But it's not some-thing that's fun. I resisted doing this initially, because of that. I just thought, ugh."

While everyone who plays her daughters, including Julia Roberts, Juliette Lewis and Julianne Nicholson, got along swimmingly, she still felt her character's pain. "It wasn't the most joyous experience from my point of view," she

Adding to the tension was shooting while Hurricane Sandy raged and the



presidential election occurred in the outside world. "It was important to make a connection beyond the set. Also, I was smoking nonstop, which really makes you feel s-

She even felt a bit of jealousy, especially in comparison to Chris Cooper's far more likable brother-in-law. "He would imbue (his character) with his enormous humanity and compassion. And

I knew the audience would love him. And I knew they would hate me in equal meas-

She says one of the more upsetting scenes was the first one in the film, with her husband, played by Sam Sheppard, before he kills himself.

"To look at him close up and see his loathing of me, that was really hard," she says. "You still think that maybe there's a spark of love

"I resisted doing this initially because of that. I just thought, ugh."

Meryl Streep on not wanting to play an evil mother in the film

from this person who's gone through everything with you. And to look in his eyes and realize he'd rather be dead than look at you, that was brutal. That sort of set the tone for dealing with his death and everything after-

That said, the film's source — a play by Tracy Letts, for which he was awarded the Pulitzer Prize contained elements of comedy. "The humour's borne out of pain. But you still want your laughs. Every single actor came to the first reading with a copy of the original play in their back pocket, with their lines highlighted that had been cut." They even begged Letts, who adapted the play himself for the screen, to reinstitute key laugh lines.

And while the film, like the play, is more outsized in its grotesquery than most family get-togethers, it's still supposed to be, Streep assures, relatable. "It's like when you come together with your friends after Thanksgiving, and you say, 'I have to tell you what my mother said!' Ånd you tell a story that was not funny when you were there, but in the telling it's fabulous. That's how you transform your life. Because if you can't laugh about this



metronews.ca Thursday, January 9, 2014 **SCENE** 



### Bitten star sinks her teeth into female werewolf role

### Laura Vandervoort.

Actress talks about the nuances of a role traditionally reserved for men

Werewolves have been howling loudly at the spotlight in recent years through various films and TV series - Twilight, True Blood and The Mortal Instruments to name but a few.

But the sexy new supernatural thriller Bitten offers a rarely seen take on the moon monster mythology: a furry female lead.

The werewolf figure is well suited to women because both are "so affected by mother Earth and the cycles' and face societal pressures concerning image, says Laura Vandervoort, the Toronto native who stars as the fourlegged fanged protagonist Elena Michaels.

'(Elena is) suppressing this animal inside of her and trying to just maintain this perfect facade, whereas her true self is in New York as this werewolf and just letting loose, and I think a lot of women have trouble being themselves," she said in a recent telephone inter-

"So it's interesting if you think about it from that perspective while watching it, that she's trying to keep this perfect image."

Vandervoort's Elena is an orphan who grew up in the foster care system in the U.S. and became a werewolf when a professor with whom she fell in love (Greyston Holt) bit her to protect

In the series premiere, she's working as a photographer in Toronto and trying to carry on a new life away from her wolf pack in upstate

She gets sucked back into

**Bitten premiers Saturday** at 9 p.m. ET on Space in Canada. The series is based on the New York Times bestselling Women of the Otherworld novels by Canadian Kelley Armstrong.

life with the pack, though, when a "random mutt' breaks the rules by killing humans for sport and her strong tracking skills are needed to

catch the culprit.

Co-stars include Greg
Bryk as pack head Jeremy, Paul Greene as Elena's unsuspecting boyfriend Philip and Michael Xavier as Elena's therapist and fellow pack member Logan.

"It's very Sopranos, True Blood," said Vandervoort, who grew up in Toronto's North York area and is the third cousin of acting great Gordon Pinsent

"It's an adult show and it's about the relationships and not just the fact that we're werewolves. It's the family dynamic.

protecting family at all costs. And if that means murder, as much as Elena hates who she is, you protect your pack."
The Los Angeles-based

Vandervoort, who's twice made Maxim's list of Top 100 hottest women, came to the series after playing key roles on series including the Instant Star, Smallville and V.

With a second-degree black belt in Shotokan karate, she did "93 per cent" of her own stunts "except falling down the stairs.'

'It's such a vast range for a female to get to play on television that I loved going to work every day and coming home and being exhausted but feeling like, 'Wow, I did that and I didn't think I was capable." THE CANADIAN PRESS





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### Think on your feet to avoid being Chopped

### **New on Food Network Canada.**

Contestants will be given four ingredients and asked to make a dish — and the results will be exciting

### **EMILY** RICHARDSON

What does it take to not get chopped? Skill, creativity, pa-tience and really quick thinking. I was invited to be part of a media challenge that wel-comed Chopped Canada to Food Network Canada.

For those of you who don't know the show: four competitors have 20 minutes to create three spur-of-the-moment dishes from mystery ingredients.

In true Chopped style, we were handed the mystery basket but organizers cut us some slack — we had 30 minutes to create our dishes, and we got a partner. I was happy to be partnered with Ania Krysa, web producer for Food Network Canada. We had an advantage compared to the contestants on Chopped Canada — we could bounce ideas off each other and the two of us could gather ingredients and other equipment





Host Dean McDermott started the morning by introducing the show's judges: Lynn Crawford, Chuck Hughes, Roger Mooking, Susur Lee, Michael Smith, Vikram Vij, John Hig-gins and Anne Yarymowich. Then he explained the rules of engagement. On his command, Ania and I opened our basket and pulled out the ingredients: beef tenderloin, Canadian cheddar cheese, fresh grapefruit and wait for it... candy sprinkles.

That's the twist that you can expect on the show: something out of the ordinary to throw off contestants. For Ania and me? Heck - grapefruit and sprinkles got our adrenaline

And how important is taste? It's huge, so we were tasting

pumping and our brains racing with ideas. We had a few minutes before officially starting to consider our plan of attack. A salad? Good idea, but how do we incorporate sprinkles? Flavour? What goes well with grapefruit and beef and candy sprinkles? How could we bring it all together?

As Dean said, "Time starts now," we flew into action, running to the fridge to get greens, the pantry to get dry spices and other goodies. While Ania was creating an Indian-inspired spice crust that included the candy sprinkles, I began working on the grapefruit, using some rind for the crust as well as reserving the juices for a vinaigrette that we would surely need. How would we use that cheese? Ha! Cheese tuiles topped with candy sprinkles.

Would we be able to get seven identical dishes, comprising all our basket ingredients, finished and plated? These are key points the judges consider when they go over your dishes.



everything along the way to make sure it was seasoned and balanced. We didn't want too much of something and not enough of something else.

I can only imagine what it would be like completing the task by myself, knowing that I'd have a chance to win \$10,000.

The clock was ticking but

we didn't want to cook the beef too early and overcook it.

We were up first...

Dean asked us to describe our dish. Uh oh. We looked at each other. We hadn't named our creation, so the best we could do was describe the elements on the plate and hope that the judges would be kind.

"Seared spiced beef tenderloin, served with a grapefruit and greens salad and cheese tuile," we said, and held our breath. This is the time for criticism and also admiration of a dish. We were ready, but in truth, this part was more difficult than cooking the dish itself.

As the judges tasted our dish, we heard: "Well balanced, loved the beef, unique use of the cheese to make the tuiles." Wow, could it have been that

"It would have been nice to see it on a larger plate," Vikram Vij pointed out.

Do you want to know what I really think of your dish?" Lynn Crawford asked. "Yes," we said in agreement. "I love it!" she laughed and smiled.

The other media teams followed with their amazing dishes. The competition was fierce, as it will be on the show. And sadly, we were chopped — but the rush and experience was more than I could ask for.

Chopped Canada airs on Thursdays at 10 p.m. ET/PT on Food Network Canada.



### Done with playing suits (for now)

The Wolf of Wall Street. Although Kyle Chandler said he loved working for Scorsese. he first got into acting as a youth mostly to avoid wearing a suit

MATT PRIGGE

Nearly every actor in The Wolf of Wall Street gets to have

debauched, hedonistic fun except Kyle Chandler. As FBI Agent Patrick Denham, he's trying to bust broker Jordan Belfort (Leonardo DiCaprio).

Not that the role was boring. Chandler says what excited him was getting to know more about government officials, specifically by talking to the real-life agent who took down Belfort. He told Chandler about the strange relationship between the agent and his mark.

"He told me what it's like to spend so much time with someone. You're interviewing him. You're putting a wire on him. You're eating lunch together. You're spending time with someone you're going to put away," Chandler explains.

The actor also gets a few key scenes with DiCaprio, most notably a scene where Denham visits Belfort on his yacht in downtown Manhattan for a faux-friendly chat that gradually turns into threats.

The other main attraction, of course, is working for director Martin Scorsese. Chandler recalls getting excited when, seeing the film in a private screening in Texas for only him and his wife, there came

a shot where he walks into the offices of Belfort's firm, dozens of agents behind him, finally ready to bust.

"When I was watching it and that song comes up and I come walking through that door, I wanted to go find Martin Scorsese and kiss him right on the mouth. Man, what a shot that is," he gushes. "If I could get that on a loop and play it as I'm brushing my teeth, I'm set."

This is far from the first time Chandler has played an authority figure, from his long stint as the football coach on Friday Night Lights to a single

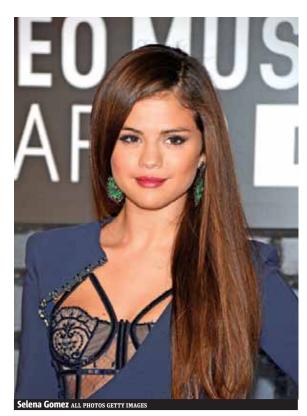


father cop in Super 8 to suits in Argo, Zero Dark Thirty and now this. How did he come to play these roles?

"That people want to hire my as a source of authority just boggles my mind," he replies. He says this will probably be

the last suit he plays for awhile, and not only for fear of being pigeonholed. "When I was in college, my buddy and I wanted to be actors because we didn't want to ever have to wear a suit and tie. That's all I do now. What an idiot I am.'

metronews.ca Thursday, January 9, 2014 DISH 21



### Gomez thought to be back in Bieber's arms after devastating diagnosis

Just why are Selena Gomez and Justin Bieber back to canoodling? Sources say it's because of Gomez's recent lupus diagnosis. "Justin reached out to Selena after she cancelled the tour," a Bieber insider tells Life & Style, referring to Gomez cancelling her 2014 Stars Dance tour

last month, reportedly after she got the diagnosis of the autoimmune disease. "He wanted to make sure she was OK and healthy. He cares about her a lot. I don't know if they'll get back together, but he wanted to see her and spend time with

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The Word



### Paul's got some party haul but this onewas a real thriller

Aaron Paul has been to some impressive parties, but one sticks out particularly for the Breaking Bad star. "It was the Prince of Brunei's 25th birthday party. Six years ago, outside of London," he tells Details magazine. Paul, who attended as another guest's plus-one, entertained himself by chasing sheep around the castle and breaking the Prince's hovercraft. He certain-

ly made an impression: "I was going back up to my room, and this guy grabs me and says, 'Hey, Prince Azim wants to see you in the library,' Paul says. "So I go down there, and he's sitting on the couch with Michael Jackson, and me and Michael Jackson end up having this hour-long heartto-heart about family and upbringings, and I remember, he just put his arm around my shoulder and said, 'You know, if you've had a rough childhood or not, it's all about forgiveness. Once you realize that, it's fine. Everything's fine.' And I'm like, 'Michael, you are absolutely right. Do you want to do a shot?' And he goes 'Sure!'"



**@kirstiealley** When someone says "It isn't you, it's me"....It's you



@JuddApatow How do I avoid this freaking stomach flu? I am not a



@MarkDuplass Milquetoast. Great word. Underutilized.



### Gyllenhaal's relationship with model 'fizzled out'

Week-

Jake Gyllenhaal has reportedly split up with model Alyssa Miller after six months of dating, according to Us

"They fizzled out. It happened a while back — before the holidays. He's back on the scene," a source says. "Things were really good between Jake and Alyssa right up until he had to leave for L.A. to shoot a movie in the fall. Then the distance just really got to them." Reps for Ğyllenhaal and Miller did not respond to requests for

comment.







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SATURDAY, JANUARY 11



### Every sharp shopper has a calendar in the closet

### **Seasonal secrets.**

Style expert Lilliana Vazquez shares tips on mapping out your 2014 shopping plan

### ANDREA

PARK

There is a right time and a wrong time to buy those shoes you've been eyeing, and even if you made a New Year's resolution to save money in 2014, that doesn't mean you have to sacrifice style. Lilliana Vazquez, style expert and author of The Cheap Chica's Guide to Style, shares her tips on planning a shopping schedule for the year and how you can save money on hot wardrobe staples with just a bit of good timing.

### January

### Winter coats and accessories

This frosty month is the perfect time to buy warm winter goods. "Whether it's a brand new coat, hats, scarves, gloves, boots or ski stuff, items get really marked down in January but in a city like New York, we'll probably still be wearing these until April," says Vazquez.

### Formal wear

**February** 

**Spring items** 

Believe it or not, February is

a great month to buy spring

items. Vazquez says though

this is when stores get their

clothes, retailers will mark

them down if no one is buy-

ing. "You can get new stuff

marked down if it's really

cold out," Vazquez says.

If you still need winter

The merchandise will al-

clothes, this is when winter

gear is on final mark down.

Winter clearance

first shipments of spring

"Anyone who was selling New Year's and holiday party stuff still has a lot of merchandise, so this is the best time of the year to buy a cocktail dress," says Vazquez. She added that it's an especially great time to save on anything sparkly or beaded.

**Shoes** 

will be at its cheapest.

ready be picked over, but it

### March and April

Get a head start on summer shoe shopping in March and April, when the selection is the largest. Stores will offer some early markdowns, and those sandals you've had your eye on may be gone by

### Fitness gear

"A lot of (sneakers and fitness

items) come in for the New Year's resolutions of people who say they're going to work out and then never do, so if you're a runner or gearing up for the summer, it's a great time to buy sneakers and fitness fashion items,' says Vazquez. She added that this is when Lululemon fans can buy their favourite brand on deep discount.

### May

### Secondhand items

May is a big month for spring cleaning, which means that lots of people

> Lilliana Vazquez, author of The Cheap Chica's Guide to Style. GETTY IMAGES

are getting rid of their clothes and accessories, and one man's trash is another man's treasure, right? "A lot of people are cleaning out, so it's a good time to deal hunt in your

neighbourhood," says Vazquez. "You can get vintage stuff and great shoes because they're making room in their closets for all new things.

### June and July

### Summer items

Fall items will be trickling into stores by now, which means you can find great deals on summer

clothes and accessories. "You can get stuff you can get a lot of use out of, like shorts, rompers and sundresses — things that feel seasonal," says Vazquez.

### Swimsuits

Stores will still carry plenty of swimsuits, but they'll be marked down

- Summer's end Vazquez called this "back-to-school summer leftover time." Inventory will be a mixed bag of summer odds and ends without much size availability, but this is when you can get the best deals on summer clear ance items. Plus, you'll find discounts on new inventory during back-toschool and Labour Day
- Baby, it's cold outside November is a big shopping month with Black Friday and Cyber Monday. Vazquez savs this is when she saves up for her big, pricey purchases like cashmere sweaters. "These deals I only splurge on once a year because I can wear them for a long time, so it's a great value proposition for my closet,"

### December's diamonds

Vazquez says that December is the last chance for retailers to grab customers for their year-end earnings reports, which means holiday sales abound. This is an especially good time to get "no size" gifts like hats, bags, gloves and scarves for friends and family.

by June and July. "You'll still wear them for another two or three months," pointed out

### Leap on that LBD ASAP!

"Anyone who was selling New Year's and holiday party stuff still has a lot of merchandise, so this is the best time of the year to buy a cocktail dress."

Lilliana Vazquez



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# A Southern classic without the pesky fat

Cookbook of the Week

### Get excited about eating healthy



Weight Watchers cookbooks are trusted by anyone who is excited about cooking delicious, healthy food.

This latest offering serves up more than 280 favourites that have been updated, and feature fresh ingredients, how-to tips, Weight Watchers lore, and nutritional info and PointsPlus values for the newest program, Weight Watchers 360°.

Among the dishes included are Cajun Catfish, Cheese Puffs, Curried Vegetable Stew, Lamb Kebobs, Classic Red Velvet Cake, and more. METRO "Pork chops in onion sauce is a Southern classic, but often it is swimming in too much fat," write the Weight Watchers folks in the book Weight Watchers 50th Anniversary Cookbook of this Skillet Pork Chops with Onion Gravy recipe. "We gave the dish a healthy makeover that retains all the great flavour but with a mere one teaspoon of oil. Think of it as comfort food that you can really feel comfortable with!"

1. Sprinkle the chops with the salt and pepper. Heat a large nonstick skillet over medium heat. Swirl in the oil, add the chops and cook, turning occasionally, until browned, about 5 minutes. Transfer to a plate.

**2.** Add the onions, 1/4 cup of the broth, and the garlic to the skillet. Bring to a boil. Reduce the heat and simmer, covered, stirring occasionally, until the onions are very tender, 12–15 minutes.

### Good idea

Steamed kale or collards sprinkled with a touch of cider vinegar and red pepper flakes makes a fresh and flavourful side for this dish

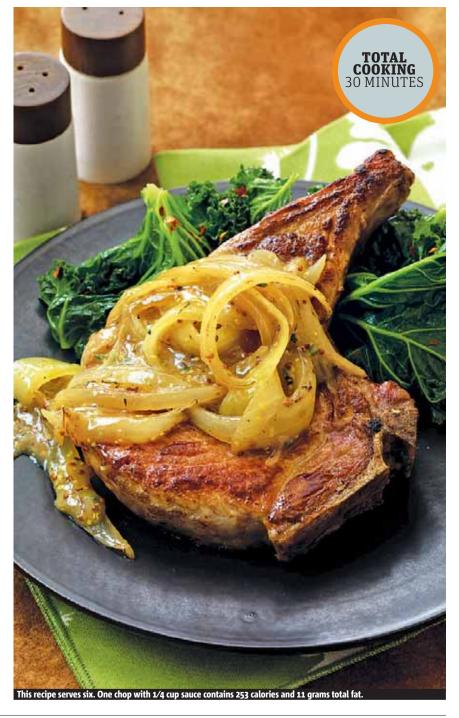
3. Sprinkle the onions with the flour; cook, stirring constantly, 1 minute. Add the remaining 1 cup broth, mustard, and thyme. Bring to a boil, stirring until the sauce bubbles and thickens. Return the chops and any accumulated juices to the skillet. Reduce the heat and simmer, uncovered, until the chops are heated through, 2-3 minutes. FOR MORE WEIGHT WATCHERS RECIPES, PLEASE VISIT WEIGHTWATCHERS.CA/ FOOD. RECIPE AND PHOTOS REPRINTED FROM WEIGHT WATCHERS 50TH ANNI-VERSARY COOKBOOK © 2013 WEIGHT WATCHERS INTERNATIONAL, INC. ALL RIGHTS RESERVED.

### Ingredients

- 4 (6-oz) bone-in porkloin chops, trimmed
- 1/2 tsp salt
- 1/4 tsp ground pepper
- 1 tsp olive oil
- $_{ullet}$  2 sweet onions, thinly sliced
- 1 1/4 cups reduced-sodium

chicken broth

- 2 garlic cloves, minced
- 2 tsp all-purpose flour1 tsp whole-grain Dijon
- 1 tsp whole-grain Dijor
  mustard
- 1 tbsp chopped fresh thyme





metre 24 HOME metronews.ca Thursday, January 9, 2014

### Humble, iconic and sometimes blue

Since their inception way back in 1858, Mason jars have mainly eked out an existence as a practical, low-key staple of home canning. They caught a second wind as a hipster accessory (complete with Portlandia send-up), an Etsy mainstay and a restaurant serving vessel, but in 2013, their popularity in the design and DIY worlds truly exploded. Major decor retailers looked to the jars for inspiration; publishers churned out books on Mason-jar crafts; and a limited-edition Ball Heritage Collection made blue jars available to the masses instead of just antique collectors. As for online? According to the Huffington Post, "Mason jars are the cronuts of the Pinterest world — an inescapable fad that's bordering on obsession." Here are just some of the many, many ways you can now trick out a humble canning jar.





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### Baseball

### Maddux, Glavine, Thomas heading to the Hall of Fame

Greg Maddux, Tom Glavine and Frank Thomas were elected to baseball's Hall of Fame on Wednesday, while Craig Biggio fell two votes short and tainted stars of the Steroids Era remained far behind.

THE ASSOCIATED PRESS

A ballot for the people



"I always like a little anarchy inside the cathedral we've

made of sports."

ESPN host Dan Le Batard, who acknowledged Wednesday he gave his baseball Hall of Fame ballot to the website Deadspin because he detests the "hypocrisy" in the voting process. Le Batard confirmed he let Deadspin readers decide who he would vote for. Greg Maddux and Tom Glavine were on his ballot, as was Craig Biggio.

UCI

### Independent panel looking into doping allegations

A three-man independent panel will investigate cycling's doping past, including allegations the sport's governing body colluded with Lance Armstrong.

UCI president Brian Cookson said Wednesday the commission will investigate allegations "that the UCI has been involved in wrongdoing in the past — allegations which have done so much to hurt the credibility of the UCI and our sport."

THE ASSOCIATED PRESS



# Oilers prospect gets defensive in Malmo



THE HOCKEY NEWS Ryan Kennedy edmonton@metronews.ca

I recently returned from the world junior championship in Malmo, Sweden, where at least 3,000 Canadians (and I did see some Oilers gear) came home disappointed after their boys clunked out at the end of the tourney, losing their last two games of the playoff round to finish fourth.

Last season, Edmonton fans could cheer specifically for Nail Yakupov, Daniil Zharkov and of course Ryan Nugent-Hopkins at the event, but this year the Oilers contingent was smaller and a little less splashy.

In fact, only two Edmonton prospects made the cut and both played for Russia. Bogdan Yakimov and Anton Slepyshev were both taken in the third round of the draft last year, 83rd and 88th overall, respectively. Slepyshev was the captain of the Russian squad this year, while Yakimov played a key role on the shutdown third line.

By now, the "Russian Factor" has become a big buzzword in hockey. It refers to Russian players being viewed differently by NHL teams because the pull of the KHL means the chances of said prospects coming over to North America are less than if

the player was from, say, the Czech Republic or Sweden.

So read this scouting report with caution, as the Oilers will have to keep the lines of communication open with these two young forwards, both of whom played well.

Slepyshev was not only the captain, but played on the team's top line with Buffalo Sabres rookie Mikhail Grigorenko and New York Rangers prospect Pavel Buchnevich. I was underwhelmed by Slepyshev last year at the world juniors, but he seemed more involved this time around and his seven points in seven games tied for second on the squad with Buchnevich and one be-

hind Grigorenko.

Yakimov was more of a revelation. At six-foot-five, 202 pounds, the young centre is a whole lotta hockey player and back home in Russia, he's putting up decent numbers in the KHL while not getting a ton of ice time.

But in Malmo, he was entrusted with playing a defensive role up front and he worked it. Yakimov was great on faceoffs and imposed himself in passing lanes, breaking up opposing scoring chances and playing within Russia's system.

For an Oilers team that struggles with team defence, get excited about that, Edmonton

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metronews.ca Thursday, January 9, 2014 metr⊕ **SPORTS** 

### Sochi won't be their first rodeo

### **Canadian Cowbovs.**

Veteran skiers Hudec. Osborne-Paradis, Guay back in Olympic saddle after fixing 'all the bugs and the kinks'

Canadian skier Manuel Osborne-Paradis learned how it felt to compete on the sport's biggest stage during his Olympic debut in Turin eight years

He learned about pressure and expectations at the 2010 Games in his hometown of Vancouver.

His next mission is to build on that experience at his next Olympic appearance in Sochi, where he plans to ride the momentum from the team's strong start to the season.

"In Vancouver there was a lot of prep but not very



directed prep," he said Wednesday. "I think this year we've really fixed all the bugs and the kinks that we felt in Vancouver. Obviously there's not as much pressure, not being in Canada and being as far away (from) Canada as pretty

NATHAN DENETTE/THE CANADIAN PRESS

"I think the nerves are a lot more settled and hopefully we're able to direct the energy down the hill and not towards the media.'

The veteran skier will anchor the men's alpine team at the Games along with Erik Guay of Mont-Tremblant, Que., and Calgary's Jan Hudec. The "Canadian Cowboys' three were officially nominated to the Sochi 2014 Olympic team Wednesday.

Some of their teammates still have a chance to join them in Sochi. The qualification window is open until Jan. 26 and the roster is expected to be finalized the next day.

Guay had the top Canadian result at the Vancouver Games, finishing fifth in the downhill and the super-G. Osborne-Paradis was 17th in the downhill and didn't finish the super-G, while Hudec didn't crack the top 20 in either discipline. THE CANADIAN PRESS



### Rockets, Dwight take flight

Dwight Howard of the Houston Rockets goes up for a rebound with Nick Young of the Los Angeles Lakers on Wednesday in Houston. James Harden tied a season high with 38 points. Howard added 20 points and 13 rebounds and the Rockets used a third-quarter run to earn a 113-99 win over the Lakers. scott Halleran/Getty IMAGES

### NHL

### Flyers stay hot in Philly to stretch home streak to 10

From killing penalties to unlikely scorers, the Philadelphia Flyers are finding all kinds of ways to win at

Sean Couturier, Zac Rinaldo and Michael Raffl scored to lead the Flyers to their 10th straight home victory, 3-1 over the Montreal Canadiens on Wednesday night.

The surging Flyers returned home after a 5-1 trip that sent them to fourth in the Eastern Conference. Brushing off 1-7 and 4-10-1 starts to become one of the hottest teams in the NHL, they are 9-2 since Dec. 17 and have found new life under coach Craig Berube.

The Flyers haven't lost at home since Nov. 7 against New Jersey. They're on their longest home winning streak since they won 11 straight Oct. 27-Dec. 5, 2003. The Flyers have won all 10 in regulation, their longest streak without OT since 1985. THE ASSOCIATED PRESS

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- Ability to prep files for print production, including file stuffing (.sitx, .sit, .sea, .zip) and FTP
- Professional, personable, approachable with great communication skills (both verbal and written)
- Ability to thrive under pressure in a fast paced, multi-faceted and deadline driven environment with strong attention to detail (typography, copy, grammar, layout, images, colour, etc)
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- Must be highly skilled at multi-tasking, prioritizing workload efficiently, and tracking ad material.
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- 3+ years design experience within a media environment

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### NHL

ATLANTIC DIVISION

### **FASTERN CONFERENCE**

	GP	w	L	OL	GF	GA	Pt
Boston	43	28	13	2	126	94	58
Tampa Bay	43	26	13	4	123	102	56
Montreal	45	25	15	5	115	106	55
Detroit	43	19	14	10	114	121	48
Toronto	44	21	18	5	122	132	47
Ottawa	45	19	18	8	129	145	46
Florida	43	16	21	6	102	136	38
Ruffalo	//2	12	26	Λ	7/1	112	28

### METROPOLITAN DIVISION

	GP	W	L	0L	GF	GΑ	Pt		
Pittsburgh	45	32	12	1	147	107	65		
Philadelphia	44	23	17	4	117	119	50		
N.Y. Rangers	45	22	20	3	111	121	47		
Washington	42	20	16	6	128	128	46		
Carolina	43	18	16	9	105	124	45		
New Jersey	44	17	18	9	103	113	43		
Columbus	43	19	20	4	117	126	42		
N.Y. Islanders	45	16	22	7	124	149	39		

### Wednesday's results Colorado 4 Ottawa 3 (OT)

N.Y. Rangers 3 Chicago 2 Philadelphia 3 Montreal 1 Tuesday's results Anaheim 5 Boston 2 Minnesota 2 Los Angeles 1 (SO) Nashville 3 San Jose 2 N.Y. Islanders 5 Toronto 3 Philadelphia 3 New Jersev 2 (OT) Phoenix 6 Calgary 0
Pittsburgh 5 Vancouver 4 (SO)
St. Louis 5 Edmonton 2 Tampa Bay 4 Winnipeg 2
Carolina at Buffalo (ppd., storm)
Thursday's games — All Times Eastern Dallas at New Jersey, 7 p.m. Toronto at Carolina, 7 p.m. Florida at Buffalo, 7 p.m. Washington at Tampa Bay, 7:30 p.m.

Anaheim at Nashville, 8 p.m. St. Louis at Calgary, 9 p.m. Minnesota at Phoenix, 9 p.m. Boston at Los Angeles, 10:30 p.m. Detroit at San Jose, 10:30 p.m. Friday's games
Dallas at N.Y. Rangers, 7 p.m.

Toronto at Washington, 7 p.m. Carolina at Columbus, 7 p.m. N.Y. Islanders at Colorado, 9 p.m. Pittsburgh at Edmonton, 10 p.m. St. Louis at Vancouver, 10 p.m.

### WESTERN CONFERENCE

CENTRAL DIVISION									
GP	W	L	0L	GF	GΑ	Pt			
46	29	8	9	169	127	67			
42	30	7	5	155	97	65			
43	27	12	4	127	111	58			
45	23	17	5	108	114	51			
42	20	15	7	123	131	47			
44	19	19	6	105	131	44			
46	19	22	5	125	139	43			
	<b>GP</b> 46 42 43 45 42 44	<b>GP W</b> 46 29 42 30 43 27 45 23 42 20 44 19	<b>GP W L</b> 46 29 8 42 30 7 43 27 12 45 23 17 42 20 15 44 19 19	<b>GP W L OL</b> 46 29 8 9 42 30 7 5 43 27 12 4 45 23 17 5 42 20 15 7 44 19 19 6	6P W L OL GF 46 29 8 9 169 42 30 7 5 155 43 27 12 4 127 45 23 17 5 108 42 20 15 7 123 44 19 19 6 105	GP W L OL GF GA 46 29 8 9 169 127 42 30 7 5 155 97 43 27 12 4 127 111 45 23 17 5 108 114 42 20 15 7 123 131			

PACIFIC DIVISION										
	GP	W	L	0L	GF	GΑ	Pt			
Anaheim	45	32	8	5	151	113	69			
San Jose	44	27	11	6	144	114	60			
os Angeles	44	26	13	5	114	91	57			
ancouver/	45	23	13	9	121	113	55			
hoenix	42	21	12	9	129	127	51			
Calgary	43	15	22	6	100	137	36			
Edmonton	46	14	27	5	119	161	33			
Note: Two points awarded for a win, one										
point for an overtime or shootout loss.										

### SCORING LEADERS

	G	Α	Pt							
Crosby, Pgh	24	41	65							
Kane, Chi	23	31	54							
Tavares, NYI	20	34	54							
Getzlaf, Ana	20	29	49							
Kunitz, Pgh	23	25	48							
Thornton, SJ	5	43	48							
Sharp, Chi	25	21	46							
Perry, Ana	24	22	46							
Backstrom, Wash	10	36	46							
Malkin, Pgh	12	33	45							
Toews, Chi	15	29	44							
Ovechkin, Wash	31	12	43							
Okposo, NYI	17	26	43							
Marleau, SJ	20	22	42							
Keith, Chi	3	39	42							
Seguin, Dal	21	20	41							
Not including last night's games										
Not including last night	t s gaines									

### **NFL PLAYOFFS**

### **DIVISIONAL PLAYOFFS**

Saturday's games — All Times Eastern NFC — New Orleans at Seattle, 4:35 p.m. AFC — Indianapolis at New England, 8:15 p.m. Sunday's games

NFC — San Francisco at Carolina, 1:05 p.m. AFC - San Diego at Denver, 4:40 p.m.

### **NBA**

### **EASTERN CONFERENCE**

	vv		PCC	UD.
-Indiana	28	7	.800	_
-Miami	27	8	.771	1
tlanta	19	17	.528	91/2
-Toronto	17	17	.500	101/2
Vashington .	16	17	.485	11
hicago	15	18	.455	12
harlotte	15	21	.417	131/2
rooklyn	14	21	.400	14
etroit	14	22	.389	141/2
oston	13	22	.371	15
lew York	12	22	.353	151/2
leveland	12	23	.343	16
hiladelphia	12	23	.343	16
rlando	10	24	.294	171/2
Nilwaukee	7	27	206	201/2

### WESTERN CONFERENCE

	W	L	Pct	GB					
d-San Antonio	28	8	.778	_					
d-Oklahoma City	27	8	.771	1/2					
Portland	26	9	.743	11/2					
d-L.A. Clippers	24	13	.649	41/2					
Houston	23	13	.639	5					
Golden State	24	14	.632	5					
Phoenix	20	13	.606	61/2					
Dallas	20	16	.556	8					
Denver	17	17	.500	10					
Minnesota	17	17	.500	10					
New Orleans	15	19	.441	12					
Memphis	15	19	.441	12					
L.A. Lakers	14	22	.389	14					
Sacramento	11	22	.333	151/2					
Utah	12	25	.324	161/2					
<b>d</b> — division leaders ranked in top four positions.									

### Wednesday's results Toronto 112 Detroit 91

Atlanta 97 Indiana 87 Brooklyn 102 Golden State 98 Houston 113 L.A. Lakers 99 San Antonio 112 Dallas 90 Washington 102 New Orleans 96 Phoenix at Minnesota Orlando at Portland Boston at L.A. Clippers Tuesday's late results

### Denver 129 Boston 98 Sacramento 123 Portland 119

San Antonio 110 Memphis 108 (OT) Utah 112 Oklahoma City 101

Thursday's games — All Times Eastern

Miami at New York, 8 p.m. Oklahoma City at Denver, 10:30 p.m.

28

52

9. Horsie's house

10. Chaucer's cre-

12. Philosophical

14. French vineyard

17. Attempted: 3 wds.

Want

ation: 2 wds.

11. Vase

principle

22. Shrink

24. U2's "

Is You"

18

63

66

69

39

tree

### loroscopes

### ↑ Aries

### March 21 - April 20

You will gain more by doing less today. Cut back on your workload or get friends to help you out. Better still, do both. There's no cosmic law that says you have to do anything at all.

### **Taurus** April 21 - May 21

You will be inspired to give your best over the next 24 hours. Hold on to that positive, can-do attitude as long as you can — ideally until the moon is full seven days from now.

### II Gemini

May 22 - June 21

Today you will know what is right and wrong, and which course of action you should be taking. If you choose not to take it, the consequences may not be to your liking.

### **9** Cancer

June 22 - July 23

If someone whose judgment you trust urges you to really go for it today, you must act immediately. Too often in the past you have been too careful and missed out — now go to the other extreme and throw caution to the wind.

### $\Omega$ Leo July 24 - Aug. 23

It's a good day romance and if anyone is of the opinion that you lack passion, they will soon see the error of their ways. When a Leo gets fired up, the heat is enough to melt the coldest of hearts.

### **W** Virgo Aug. 24 - Sept. 23

You are enamored more by things than you are by people at the moment. There's nothing wrong with that but take care that your material desires don't detract from your relationships.

### **△** Libra

Sept. 24 - Oct. 23

If you think all things are possible, you're right. But why make a battle of it when you have the charm to get what you want without a struggle? Or is that what you enjoy?

### M Scorpio Oct. 24 - Nov. 22

Let others know what you are willing to put up with and what will happen if they push their luck too far. There are times to be tactful but this isn't one of them. Be bold and, if necessary, be brutal too.

### **₹** Sagittarius Nov. 23 - Dec. 21

Don't stay indoors and hide away. Get out into the world and show everyone what star quality looks like. You were born to be larger than life, so why are you peeking out from behind the curtains?

### **17** Capricorn Dec. 22 - Jan. 20

If you've fallen out with someone, it is the time to make up. That applies to all kinds of relationships but mainly to those of a personal nature.

### Jan. 21 - Feb. 19

You may think you can do as you please at the moment but you are kidding yourself and today's events will bring that fact home to you sharply. There are forces operating behind the scenes that limit your options.

### H Pisces Feb. 20 - March 20

If someone wants to make a nuisance of themselves, let them. Most likely, they are hoping you will overreact. Treat them with the contempt they deserve — ignore them completely. SALLY BROMPTON

### **Crossword: Canada Across and Down**

16

23

41

44

48

Torres

band

### Across

1. ...seis, siete, 5. Margaret Mitchell's epic book of '36 9. Rabbit-style tail

13. Scorch 14. Medieval thigh armour, variantly

15. #5-Across home 16. It's currently underway in Russia: 2 wds.

18. AD = Domini 19. Oxygen

20. Robert Burns' 'old' 21. Money obligation 23. Mythological tree nymph

25. Type of rally 27. Get cut, do this 30. American poet

Sylvia 32. Port \_\_\_, BC

34. Russian river 35. Orlando's li'l state

36. Implore 37. Cultural attractions in Ottawa: 2

wds. 41. Meal scrap 42. '90s album: 'A Boy Named

43. Grocery section 44. Canadian actress Wendy

47. Outrageous interest rate 48. North or South

country 49. Practically forever 51. Canadian meas-

urement 54. Soaks flax 56. Bon Jovi's Mr. 58. "Take on Me"

24

59. Vancouver-born broadcaster, \_\_-Yin Lee

61. Billboard toppers: 2 wds. 64. Pottery-firing

furnace 65. Classic theatre

66. Give out 67. \_\_\_'Orleans, Quebec

42

55

65

68

62

68. Get a paycheck 69. Ptolemy's pursuit, puny-ly

### Down

1. Group of eight 2. Church singing group

3. It put Daniel Radcliffe on the map: 3 wds.

26

32 33

4. Legendary monster 5. 'G' of Ontario's U of G

6. Actress Olivia 7. Airport screening orq.

8. Colin James' "\_ You Lie"

28. " of the State"

26. Warm climate

(1998) 29. Makes ground

holes 31. Sylvester Stallone/ Kurt Russell movie,

& Cash" (1989) 33. Hails

34. Writer of ancient Rome, Marcus Teren-

tius \_\_\_ 35. "And \_\_\_, she don't know...": Bit of The Supremes' "Back

in My Arms Again" 37. Arrow-to-bowstring groove

38. Five-star

39. Pink-fleshed fish, en francais

40. Emerald land 45. 'Kiss Land': Album by Canadian artist

The 46. Took a chair

47. Early Celine Dion song

50. CC-138 Twin (Search and Rescue aircraft of the RCAF) 52. #5-Across' leading

man 53. Facilitator 55. Cobbler's fixed

thing 57. NFL's Bengals, on scoreboards

59. Do alpine-ing 60. Pantry product

62. Ms. Lupino

63. "Today" rival, commonly

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	3	9	1	7	0	5	4	8	
1	7	4	5	3	В	-6	9	2	
5	8	6	4	.0	2	1	3	7	
8	9	7	6	2	4	3	5	1	
4	6	2	3	5	1	8	7	9	
3.	1	5	9	8	7	2	6	4	
7	2	3	8	4	5	9	1	6	
6	5	8	7	1	9	4	2	3	
9	4	1	2	6	3	7	8	5	

10	2		6	8	3	4		9
			9	2	5	7		
		7					6	
				5	7			
S	5							8
				3	2			
		9					3	
			3	6	4	8		
3	8		7	4	9	5		6

TODAY

MAX: -1°

MIN: -11°

FRIDAY

SATURDAY













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